
Ciara Hansen

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Education

- Ph.D.** The University of Montana, Missoula, Montana: Clinical Psychology Program (APA Accredited)
Dissertation: Risk and Resiliency Factors in Predicting Recidivism for Native American Offenders on a Montana Reservation. May 2018
- M.A.** The University of Montana, Missoula, Montana: Clinical Psychology
Thesis: Spiritual Practices among Northern Plains Tribal Members as a Protective Factor in the Relationship between Unexpected Deaths and Traumatic Grief. December 2014.
- B.A.** The University of Montana, Missoula, Montana. Major: Psychology
May 2010.

Clinical Experience

- 2025- Current **Assistant Professor**, Department of Psychology, University of Montana-Missoula. Duties include teaching undergraduate and graduate courses, conduct, supervising/mentoring student researchers and publishing research while contributing to Departmental and University services.
Director of Indians into Psychology Program.
 Duties include overseeing recruitment, scholarships and training for American Indian/Alaska Native students pursuing psychology. The role also including managing program funding from the Indian Health Service and fostering community engagement and service to Native communities.
- 2021- 2025 **Program Director**, New Mexico Psychology Internship Consortium, Duties include: Primary site supervisor for interns placed at IHS as well as weekly group supervision for all interns. Development, organization and planning for overall program, training and didactics schedule.
- 2020-2025 **Clinical Psychologist**, Northern Navajo Medical Center, Shiprock, NM 87420.
Supervisor: Carole Livingston, PsyD, LP.
 Current duties include: Psychological assessment, Telehealth, individual, couples and family therapy, consultation to the emergency department and other medical staff. Developed New Mexico Psychology Internship Consortium (collaborated with two other rural sites and Western Interstate Coalition for Higher Education to develop and recruit interns- APPIC membership and APA self-study application for accreditation.
Committees: Navajo Nation Mental Health Coalition task force, NNMC Bylaws committee, NNMC Wellness Committee, Trauma-Informed Care Committee, Indian Health Service Telehealth evaluation panel/subject

matter expert, New Mexico Psychology Internship Consortium development and intern selection committee.

- 2018-2019 **Post-Doctoral Fellow**, Waianae Coast Comprehensive Health Center, Waianae, HI 96792.
Director of Training: Kristy Sakai-Costigan, PsyD
Year-long rotations included: *Adult mental health, Medical Psychology: Serious and Persistent Mental Illness, Crisis response, Journal club & Research.*
- 2017-2018 **Pre-Doctoral Intern**, Waianae Coast Comprehensive Health Center, Waianae, HI 96792. (APA-accredited)
Director of Training: Kristy Sakai-Costigan, PsyD
Year-long rotations included: *Adult mental health, Child and Family therapy, Crisis response & weight management, Women's health, and Assessment & Research.*
- 2014- 2017 **Clinical Practicum Student**, Confederated Salish and Kootenai Tribal Defender's
Tribal Behavioral Health, Flathead Reservation, Pablo MT 59855
Supervisor: Michael J. Scolatti, PhD
Provided mental health and chemical dependency assessments as well as crisis counseling, individual, couples, and group therapy for federally recognized Tribal members involved in the criminal justice system.
- 2014-2015 **Clinical Practicum Student**, Student Advocacy Resource Center
Curry Health Center, University of Montana-Missoula
Supervisors: Drew Colling, LCPC; Cheryl Vandenburg, PhD
Provided crisis intervention and short-term therapy to survivors of sexual assault, rape, intimate partner violence, stalking, and discrimination.
- 2014-2015 **Student Evaluator**, Clinical Neuropsychological Assessment Practicum
Clinical Psychology Center, University of Montana – Missoula
Supervisor: Craig McFarland, PhD.
Conducted in-depth diagnostic interview, full battery of neuropsychological testing, interpretation, diagnosis, and written report for clients presenting with complaints regarding potential cognitive deficits.
- 2012-2014 **Student Therapist**, Applied Clinical Methods Practicum
Clinical Psychology Center, University of Montana – Missoula
Supervisors: Paul Silverman, PhD, Jennifer Robohm, PhD, & Jennifer Waltz, PhD
Provided supervised individual therapy, including case conceptualization, treatment planning, and administering of relevant psychological tests and assessments.

- 2011- 2014 **Adult Group Home Staff**, Winds of Change, Mental Health Services.
Missoula, MT
Supervisor: Rosie Jennings, Stacey Wheeler, LCSW
Provided a safe, supervised, and stable environment to support recovery and rehabilitation of adults with severe mental illnesses; followed transitional treatment plan for each client developed by the recovery team; provided immediate crisis intervention including therapeutic de-escalation techniques; supervised and supported daily living activities and assisted with medication routines.
- 2010-2011 **Community-based Psychiatric Rehabilitation Specialist**, Winds of Change, Mental Health Services, Missoula MT
Supervisor: Stacey Wheeler, LCSW
Evaluated and assessed barriers that effect independent living; addressed and built communication and coping skills; helped clients develop a social support system; helped clients adapt and generalize learned skills to home, work, and social environments, and provided immediate crisis management.
- 2008-2010 **Peer Advocate**, Student Assault Resource Center, Curry Health Center University of Montana, Missoula, MT
Supervisor: Kate Pruitt-Chapin, LCSW
Provided mental, emotional, and educational peer support to survivors of rape, sexual assault, and relationship violence; provided direct support and crisis intervention in campus office and via a 24-hour crisis line; collaborated with other groups on campus to coordinate, organize, fundraise, and facilitate diversity and awareness events.

Scholarships and Honors

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| 2023-2024 | Indian Health Service National Director's Award
Washington DC, IHS headquarters |
| 2015-2016 | Psychology Department Graduate Teaching Assistantship
University of Montana – Missoula |
| 2014-2015 | Psychology Department Graduate Teaching Assistantship
University of Montana – Missoula |
| 2011-2014 | Indians into Psychology (Inpsych) Graduate scholarship,
University of Montana – Missoula |
| 2008-2010 | Indians into Psychology (Inpsych) Undergraduate scholarship,
University of Montana – Missoula |
| 2007-2008 | Earl & Eva Ogg Memorial Scholarship
North Idaho College |

Memberships and Professional Organizations

- American Psychological Association (2011-present)
Division 45 Society for the Psychological Study of Culture, Ethnicity, and Race.
Division 35 Society for the Psychology of Women, Section 6.
Montana Psychological Association (2010-present)

Society of Indian Psychologist (2010)

AmeriCorps, Montana Campus Corps, volunteer member (2009-2014)

Trainings and Certifications

Empowered Relief- Certified Instructor (April, 2022)

Service and Volunteer Committees

December 2021- Current	NNMC Wellness committee member , serve as a peer advocate for MDS staff who are referred for concerns for impairment or life circumstances that affect their capacity for clinical work at NNMC
November 2021 - Current	NNMC Trauma Informed Care committee member , discussion, collaboration and development of trauma informed policy/protocol for patient care, plan and develop provider wellness and education to increase understanding and commitment to trauma informed care.
July 2020- Current	NNMC Bylaws committee member , Review and revision of current hospital bylaws for medical and dental staff as a self-governing body in accordance with OGC and credentialing bodies.
October 2020- Current	IHS Post-COVID Recovery committee member , Collaboration and development of COVID specific policies, forms, and care clinics within NNMC- Review and discussion of emerging information- case presentation.
July 2020 - Current	Navajo Mental Health Coalition committee member , Review and revision of Involuntary commitment code, Suicide data collection and surveillance, Policy and standardization of hospital forms
April- May 2021	Subject Matter Expert , Panelist in the vendor review and selection process for National Indian Health Service Telehealth Acquisition.
April, 2015	Outreach Coordinator , Honoring Survivors Shawl Event, a round dance ceremony honoring Native women and survivors of sexual violence. University of Montana- Missoula.
2014-2015	Clinical Faculty Student Representative , Department of Psychology, University of Montana- Missoula. Duties included representing student interests on departmental policy/decisions and during student progress evaluations.
2013-2014	Full Faculty Student Representative , Department of Psychology, University of Montana. Duties included: representing students on departmental matters and relaying important information to students.

Teaching Experience

Fall 2025	Assistant Professor , <i>Advanced Multicultural Psychology</i> , University of Montana. Tasks include course development, instruction, grading of assignments and holding office hours.
Spring 2016	Graduate Teaching Assistant , <i>Advanced Psychological Statistics II</i> , University of Montana. Tasks included: grading homework and tests, preparing and leading study/review sessions, holding office hours and answering student questions.
Fall 2015	Graduate Teaching Assistant – <i>Advanced Psychological Statistics I</i> University of Montana. Tasks included: grading homework and tests, preparing and leading study/review sessions, holding office hours and answering student questions.
Summer 2015	Instructor - <i>Psychology of Learning</i> University of Montana. Tasks included: course development, grading, management, and moderating online discussions for a group of 35 students.
Spring 2015	Graduate Teaching Assistant – <i>Psychological Evaluation II</i> University of Montana. Tasks included: preparing and moderating weekly labs, supervising first-year graduate students during interview and administration of psychological testing, and providing feedback and crisis consultation when necessary.
Fall 2014	Graduate Teaching Assistant – <i>Clinical & Diagnostic Interviewing</i> University of Montana. Tasks included: preparing and presenting guest lectures, clinical supervision of first-year graduate students in clinical interviewing sessions, and providing feedback and crisis consultation when necessary.
Summer 2014	Instructor – <i>Multicultural Psychology</i> University of Montana. Tasks included: course development, grading, management, and teaching a group of 30 undergraduates.
Summers 2012, 2014 & 2017	Instructor – <i>Indigenous Research Methods</i> INPSYCH Summer Program, University of Montana. Tasks included: course development, management and teaching a group of 10 undergraduates.
Spring 2014	Graduate Teaching Assistant – <i>Multicultural Psychology</i> University of Montana. Tasks included: grading of papers and tests and providing written feedback.

Research Experience

2017-Present	Predicting Recidivism for Native American Offenders on a Montana Reservation. (Sub-Award #1U54GM115371-01) \$32,459 Hansen (PI), Swaney (PI) 10/16/17 - 07/31/18 National Institute of General Medical Sciences (NIGMS) American Indian-Alaska Native Clinical and Translational Research
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Project (AIAN CTRP)

This project seeks to assess risk and resiliency factors for recidivism of Native Americans returning to the Flathead Reservation post-incarceration.

Role: Principal Investigator

Co-PI and Mentor: Gyda Swaney, PhD, UM

2015-Present

Dissertation Project: *Risk and Resiliency Factors in Predicting Recidivism among Native Americans on a Montana Reservation.*

In collaboration with the Flathead Reentry Program, I am investigating intake data, including established criminogenic risk factors as well as culturally-specific factors (i.e., historical loss and its associated symptoms, cultural connectedness), for their predictive ability in accounting for recidivism outcomes among Native American adult offenders.

2014-2015

Flathead Reentry Program: Second Chance Act Grant

BJA FY 15 Second Chance Act Reentry Program for Adults with Co-Occurring Substance Abuse and Mental Disorders
Award # (2015-RW-BX-0004).

In partnership with the Confederated Salish and Kootenai Tribal (CSKT) Holistic Defender's office, Tribal Behavioral Health, and Department of Human resources, I helped secure grant funding and developed a collaborative study with the CSKT Holistic Defenders to investigate the effectiveness of a Holistic Reentry Program, including legal services, case management, mental health and chemical dependency assessment and treatment, and a cultural mentoring program.

2012-2014

Thesis Project: *Spiritual Practices among Northern Plains Tribal Members as a Protective Factor in the Relationship between Unexpected Deaths and Traumatic Grief.*

I conducted a secondary analysis of intake data collected during the INBRE Grief Project; results indicated that active participation in traditional spiritual practices moderated the relationship between unexpected deaths and traumatic grief.

2010 –2014

INBRE Grief Project

Sub award #G189-1-WR131: (Harmson, PI, P20 RR-16455-09) NIH-NCRR

University of Montana, Missoula, MT

In collaboration with a Northern Plains tribe, I worked on a community-based, participatory action research project that examined grief, collected phenomenological interviews, developed a culturally anchored grief intervention, and assessed its efficacy. Both qualitative (NVivo) and quantitative (SPSS) data were gathered and analyzed.

Co-Principal Investigators & Supervisors:

Gyda Swaney, PhD, University of Montana - Missoula

Patricia Holkup, PhD, Montana State University – Bozeman, Missoula Campus

2010 – 2014

Resilience in Native American Older Adults: Two Studies

NIH/NIA Research Grant (Wallace & Swaney, PIs, 5 R01 AG22314-03)

University of Montana, Missoula, MT

In collaboration with an Elderly Program, the research team collected qualitative and quantitative data to identify coping strategies and resilience factors. As a member of the research team, I used NVivo to analyze and identify themes in qualitative interviews. I also helped develop projects for secondary analysis of quantitative data.

Role: Graduate Student researcher

PI & Supervisor: Gyda Swaney, PhD, UM

2010-2011

Protective Factors against Teen Suicide

Creating a web-based suicide prevention resource for teens and college students,

University of Montana, Missoula, MT

As a member of a research team, I conducted a comprehensive literature review for a research-based grant application that proposed to develop and test the effectiveness of a web-based suicide prevention resource on a sample of college freshman at the University of Montana.

Role: Research Assistant

Supervisor: Jackie Kibler, PhD, University of Montana – Missoula

Grants and Publications

Fox, D. L., **Hansen, C. D.**, & Miller, A. M. (2023). *Over-incarceration of Native Americans: Roots, inequities, and solutions*. Report commissioned by the MacArthur Foundation, Safety and Justice Challenge. <https://safetyandjusticechallenge.org/resources/over-incarceration-of-native-americans-roots-inequities-and-solutions/>.

Lombardo, A., **Hansen, C.**, Campbell, D., & Joyce, A. (2018). Insufficient sleep and associated health problems among American Indian/Alaska Native people: A narrative review of the literature. *Journal of Environmental and Public Health*, 2019, Article ID 4306463, 14 pages, 2019. <https://doi.org/10.1155/2019/430646>

Predicting Recidivism for Native American Offenders on a Montana Reservation, American Indian-Alaska Native Clinical and Translational Research: (Swaney, G. & **Hansen, C.** PIs, NIGMS / AIAN CTRC Sub-Award #1U54GM115371-01; \$32,500, 2017-2018.

Professional Presentations

Mongkuo, M., Judd, T., & **Hansen, C.** (2023, November 28). *Mental health, wellness and healing*. Workshop presented at Shiprock Chapter House, Navajo Nation. Restoring and Celebrating Family Wellness Workshop Series.

- Rodriguez, N., Mongkuo, M. & **Hansen, C.** (2023, June 16). *Cultural considerations for mental health delivery for Native American and Black Clients*. Workshop presentation at New Mexico Psychological Association. Online Educational Forum series.
- Seiber, M., Ryan, J., **Hansen, C.**, Fox, D., & Miller, A. (2023, May 3-5). *Invisible no more: uncovering the importance of data in creating a more equitable justice system for Indigenous populations*. Safety and Justice Networking Meeting. St. Louis, MO.
- Hansen, C.** (2022, April 8). *Beyond trauma: Promoting Native American survivance*. Panel presentation at the Second Annual Virtual Diversity Conference hosted by Felician University Doctoral Program in Counseling Psychology, Rutherford, NJ.
- Hansen, C.**, Logue, P., & Moore, N. (2021, October). BIPOC, LGBTQI+, and rural mental health: Intentional efforts to ensure equity. Panel presentation at the Annual National Association for Rural Mental Health virtual conference.
- Fox, D. & **Hansen, C.** (2021, September). The role of Psychology within tribal holistic defense. Invited presentation at the National Association for Public Defenders virtual conference.
- Hansen, C.**, Swaney, G., Fox, D., Miller, A., Billedeaux, S., & Matt, C. (2018, April). Predicting recidivism for Native American offenders on a Montana reservation: Reporting on risk and resilience factors. Poster Presentation at the Annual American Indian – Alaska Native Clinical Translational Research Program Conference, Anchorage, AK.
- Miller, A. & **Hansen, C.** (2017, April). *Representing the accused in domestic violence cases: Finding solutions through holistic defense*. Oral Presentation at The University of Montana’s Indian Law Week 2017: Women in Indian Country, Missoula, MT.
- Hansen, C.**, & Fox, D. (2016, August). *The development of a tribal reentry program: Data collection and analysis*. Oral presentation at The National Reentry Resource Center: A Project of the Council of State Governments Justice Center, Pablo, MT.
- Hansen, C.**, & Fox, D. (2016, August). *Integrating culturally specific factors into risk assessment with Native American offenders*. Oral Presentation at The National Reentry Resource Center: A Project of the Council of State Governments Justice Center, Pablo, MT.
- Fox, D., **Hansen, C.**, Miller, A., & Swaney, G. (2016, June). *Reducing recidivism: Mental health and case management intervention in a holistic tribal criminal defense setting*. Poster presented at the 29th annual conference of the Society of Indian Psychologists, Logan, UT.
- Swaney, G., **Hansen, C.**, Fox, D., Vaile, E., Croxton, M., & Douglas, A. (2016, April). *The summary and conclusions of a community-based participatory grief-based research project with a Northern Plains Tribal Community*. Oral presentation at Blackfeet Community College Health Fair, Browning, MT.
- Hansen, C.**, & Fox, D. (2016, March). *Mental health needs of reentering Native American adults: Reentry in Tribal Communities*. Oral Presentation at the Offender Reentry Training Hosted by Montana U.S. Attorney’s office and The Confederated Salish and Kootenai Tribal Defender’s office, Pablo, MT.
- Hansen, C.**, & Fox, D. (2016, March). *Mental health issues for reentering adults: The reentry intake and assessment tool*. Oral Presentation at the 2016 Reentry in Tribal Communities Training. Pablo, MT.
- Fox, D., & **Hansen, C.** (2016, January). *The Stages of Change in offending adult populations*. Oral Presentation at the 2016 Holistic Defense Training Series. Pablo, MT.

- Billow, R., **Hansen, C.**, (2015, October). *Microaggressions: Panel on personal experiences*. Panel presentation at the Montana Psychological Association Conference: 2015 Fall Education. Fairmont, MT.
- Hansen, C.**, Fox, D., Vaile, E., Croxton, M., & Swaney, G. (2014, June). *An exploration of group differences of Traumatic Grief within a Northern Plains Tribal Community*. Poster presented at the 27th annual conference of the Society of Indian Psychologists, Logan, UT.
- Croxton, M., Vaile, E., **Hansen, C.**, & Swaney, G. (2014, June). *An Exploration of resilience among Native American older adults and elderly: Social support and positive affect*. Poster presented at the 27th annual conference of the Society of Indian Psychologists, Logan, UT.
- Vaile, E., Croxton, M., **Hansen, C.**, & Swaney, G. (2014, June). *Weighing the use of alternative CES-D cut-off scores with American Indian older adults*. Poster session presented at the 27th annual conference of the Society of Indian Psychologists, Logan, UT.
- Hansen, C.** (2014, May). *Spiritual practices among Northern Plains Tribal members as a protective factor in the relationship between unexpected deaths and traumatic grief*. Master's Thesis Colloquium presented to the UM Psychology department and American Indian Association of Scholars in Science, University of Montana, Missoula, MT.
- Hansen, C.** (2013, August). Indigenous resiliency: Scientific and ethical considerations for psychological research. G. Swaney (Chair). *Indigenous research is resilience*. Symposium presented at the Annual American Psychological Association Convention, Honolulu, HI.
- Fretts, J., Douglas, A., **Hansen, C.**, & Swaney, G. (2013, August). *Native American clients' lived experiences of working with European-American therapists: A proposed study*. MFP Poster session presented at the Annual American Psychological Association Convention, Honolulu, HI.
- Vaile, E., Swaney, G., **Hansen, C.**, Reese, K., Fox, D., Douglas, A., & Holkup, P. (2013, April). *Examination of grief history and the Brief Resilience Scale (BRS) in a Northern Plains tribe*. Poster presented at the 12th annual Graduate Student & Faculty Research Conference, University of Montana, Missoula, MT.
- Douglas, A., **Hansen, C.**, Swaney, G., Vaile, E., Reese, K., and Fox, D., & Holkup, P. (2013, April). *The relationship between traumatic grief and resiliency within a Northern Plains tribal community*. Poster presented at the 12th annual Graduate Student & Faculty Research Conference, University of Montana, Missoula, MT.
- Ferguson, G.V., Fretts, J.M., Swaney, G., Holkup, P., Arouca, R., Grant, V., **Hansen, C.**, & Croxton, M. (2012, August). *Assessing a culturally based grief intervention for American Indians with the Kessler-6*. Poster presentation at the Annual American Psychological Association Convention. Division 45, Orlando, FL.
- Hansen, C.**, Swaney, G., Holkup, P., Denis, D., Belcourt, A., Fox, Arouca, R., Grant, V., Douglas, A., Fretts, J., Croxton, M., & Ferguson, G. (2012, June). *Preliminary findings: The relationship of two measures when assessing grief in Indian country*. Poster presented at the 11th annual Graduate Student & Faculty Research Conference, University of Montana, Missoula, MT.
- Croxton, M., Swaney, G., Denis, D., Holkup, P., Belcourt, A., Arouca, R., Grant, V., **Hansen, C.**, Fox, D., Ferguson, G., Douglas, A., Fretts, J. (2012, June). *Preliminary Findings from*

- a Culturally Anchored Grief Intervention*. Poster presented at the annual conference of the Society of Indian Psychologists, Logan, UT
- Billow, R.H., Wallace, K. A., Swaney, G. I., **Hansen, C.**, Anderson, M., Smith, S., & Pablo, J. (2010, June). *A Characterization of race-related stressors among a sample of Native American older adults residing on a reservation in the Northwest*. Poster presented at the 23rd annual convention of American Indian Psychologist and Psychology Graduate Students, Logan, Utah.